

Beth Troutman has spent nearly 20 years in the Television Industry working both in front of the camera and behind the scenes. She has hosted local and nationally syndicated TV shows and has appeared on *The Today Show*, *Extra*, *HLN*, *Good Day New York*, *Good Day LA* & *Good Day Chicago*. Her career began in Los Angeles where a cold call led to a position working for the hit show *The West Wing*. After four years with the show, her life imitated art when she was asked to run for the US House of Representatives in North Carolina's 8th Congressional District. At the young age of 27, Beth jumped at the chance to be the first woman to run for Congress in NC-8. Although she lost the elections, she ran a close race and was then offered a job as the host of the television morning show *FOX News Rising*. While working for FOX Beth covered everything from politics to pop culture. She was even a Red-Carpet Correspondent at the *American Idol* Finale during three of its most popular seasons.

In 2009 Beth landed a gig as the host of the nationally televised morning show *The Balancing Act* on Lifetime Television. In 2011, she moved back out West to help launch the nationally syndicated show *Right This Minute*. With Beth as the Lead Host, the show grew from 40 initial television markets to more than 200 television markets and she helped sign deals with Sony and FOX. Beth returned to her home state of NC in 2015 to be the main anchor of NBC-Charlotte's evening newscasts. She made that career choice for intensely personal reasons. She wanted to come home so that she could take care of her mother, Nancy, who was battling ovarian cancer. While at *NBC* Beth covered the 2016 Olympics LIVE from Rio de Janeiro. She was also the host of the Sunday political show *Flashpoint*. Most recently, Beth spent time living at an orphanage in Haiti providing aid, assistance, and love to the local children and community. While in Haiti, she also shot a series of short documentaries for the non-profit organization Give Hope Global. Beth now travels the country as a Motivation Speaker focusing on purpose, priorities, and finding joy in world full of sensory overload. She is a graduate of UNC-Chapel Hill where she received degrees in Political Science and Women's Studies.